



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Toasted Crumpets	Fresh Fruit	Flapjack	Fresh Fruit	Banana Bread
Lunch	Beef Chilli Con Carne served with Rice, Carrots & Peas	Tomato & Mozzarella Pasta Bake with Garlic Bread, Carrots & Broccoli	BBQ Glazed Meatloaf with Roasted New Potatoes, Sweetcorn & Coleslaw	Midweek Roast with Roast Potatoes, Glazed Red Cabbage & Peas	Toad in the Hole served with Mash Potato, Roasted Carrots & Sweetcorn
Vegetarian	Vegetable Chilli served with Rice, Carrots & Peas	Tomato & Mozzarella Pasta Bake with Garlic Bread, Carrots & Broccoli	Sweet Potato & Broccoli Loaf with Roasted New Potatoes, Sweetcorn & Coleslaw	Midweek Roast with Roast Potatoes, Glazed Red Cabbage & Peas	Veg Toad in the Hole served with Mash Potato, Roasted Carrots & Sweetcorn
Dessert	Steamed Jam Sponge & Custard	Chocolate Sponge with Chocolate Sauce	Apple Crumble & Custard	Rice Pudding	Flavoured Yogurt
Tea	Pasta with Tomato Sauce	Jacket Potato with Baked Beans	Tomato Pasta with Baguette	Pepperoni Pizza Cheese & Tomato Pizza	Hash Browns with Ham or Cheese

Subject to adjustments when necessary



Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh Fruit	Blueberry Muffin	Fresh Fruit	Shortbread	Fresh Fruit
Lunch	Chicken Curry & Rice served with Bombay Potatoes	Beef & Vegetable Stew served with Mashed Potatoes, Peas & Cabbage	Moroccan Lamb Meatballs served with Rice, Roasted Peppers & Peas	Beef Lasagne served with Garlic Bread, Carrots & Broccoli	Breaded Fish served with New Potatoes, Peas & Sweetcorn
Vegetarian	Vegetable Curry & Rice served with Bombay Potatoes	Vegetable Stew served with Mashed Potatoes, Peas & Cabbage	Moroccan Vegetable Tagine served with Rice, Roasted Peppers & Peas	Vegetable Lasagne served with Garlic Bread, Carrots & Broccoli	Cauliflower & Broccoli Bakes served with New Potatoes, Peas & Sweetcorn
Dessert	Pear Crumble & Vanilla Sauce	Jam & Coconut Sponge	Bananas & Custard	Sticky Toffee Pudding with Ice Cream	Sprinkle Cake
Tea	Tomato Pasta	Sausage Casserole Vegetable Casserole	Cheese & Tomato Pasta with Baguette	Mixed Sandwiches	Cheese Potato Skins

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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Teacakes	Fresh Fruit	Flapjack	Fresh Fruit	Blueberry Muffin
Lunch	Baked Potatoes with a Selection of Fillings served with Salads	Mash Potato topped Cottage Pie served with Carrots & Buttered Savoy Cabbage	Midweek Roast served with Roast Potatoes, Cauliflower Cheese, Peas & Gravy	Chicken Tikka Masala served with Rice, Bombay Potatoes & Roasted Root Vegetables	Beef Meatballs with Pasta served with Garlic Bread, Carrots & Broccoli
Vegetarian	Baked Potatoes with a Selection of Fillings served with Salads	Mash Potato topped Vegetable Cottage Pie served with Carrots & Buttered Savoy Cabbage	Roast Quorn served with Roast Potatoes, Cauliflower Cheese, Peas & Gravy	Vegetable Tikka Masala served with Rice, Bombay Potatoes & Roasted Root Vegetables	Vegetarian Style Meatballs with Pasta served with Garlic Bread, Carrots & Broccoli
Dessert	Winter Fruit Crumble with Custard	Rice Pudding	Chocolate Fudge Cake with Cream	Pear Sponge & Custard	Steamed Syrup Sponge & Ice Cream
Tea	Cheese Pasta	Hash Brown with Ham or Cheese	Tomato Pasta with Baguette	Jacket Potato with Beans	Sausage Casserole Vegetable Casserole

Subject to adjustments when necessary

Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh Fruit	Flapjack	Fresh Fruit	Shortbread	Fresh Fruit
Lunch	Sweet & Sour Chicken with Egg Noodles & Stir Fry Vegetables	Sausages & Mashed Potato served with Roasted Parsnips, Peas & Gravy	Pastry Topped Chicken Pie served with New Potatoes, Roasted Carrots & Buttered Cabbage	Beef Bolognese served with Pasta, Carrots & Broccoli	Breaded Fish served with Herb Roasted Potato Wedges, Peas & Sweetcorn
Vegetarian	Sweet & Sour Vegetables with Egg Noodles & Stir Fry Vegetables	Sausages & Mashed Potato served with Carrots, Peas & Gravy	Pastry Topped Vegetable Pie served with New Potatoes, Roasted Carrots & Buttered Cabbage	Vegetable Bolognese served with Pasta, Carrots & Broccoli	Vegetable Bake served with Herb Roasted Potato Wedges, Peas & Sweetcorn
Dessert	Blueberry Sponge with Vanilla Sauce	Apple Pie with Custard	Fruit Trifle	Steamed Jam Sponge & Custard	Flavoured Yogurt
Tea	Savoury Mince Beef & Yorkshire Pudding Vegetable Mince &	Hash Browns with Ham or Cheese	Cheese & Tomato Pasta with Baguette	Baked Beans on Wholemeal Toast	Tomato Pasta

Subject to adjustments when necessary

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